



Learning Solutions for Students with School Phobia, Anxiety and Depression

NY ASCD

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Agenda



1. Session Objectives
2. Perspective and Response
3. Strategies to Support Learners
4. Resources
5. Closure

Session Objectives

1. Negotiate the ever changing landscape of learning solutions for these students.
2. Develop strategies ready for implementation to support the social and emotional well being of their students.

Perspective and Response

- ▶What would your students say are the most pressing social and emotional concerns at your school right now?
- ▶What do you think are the most pressing social and emotional concerns in your district right now?
- ▶What are the current resources and/or interventions you are implementing at your school to support students' social and emotional needs?

Strategies



Mental illness is not an individual issue, it truly takes a village.

- Seek help from a mental health professional
- Establish connections with the family
- Customize interventions and support
- Universal Design for Instruction
 - delivery methods, physical spaces, information resources, technology, personal interactions, assessments
- Social and Emotional Learning

Social and Emotional Learning

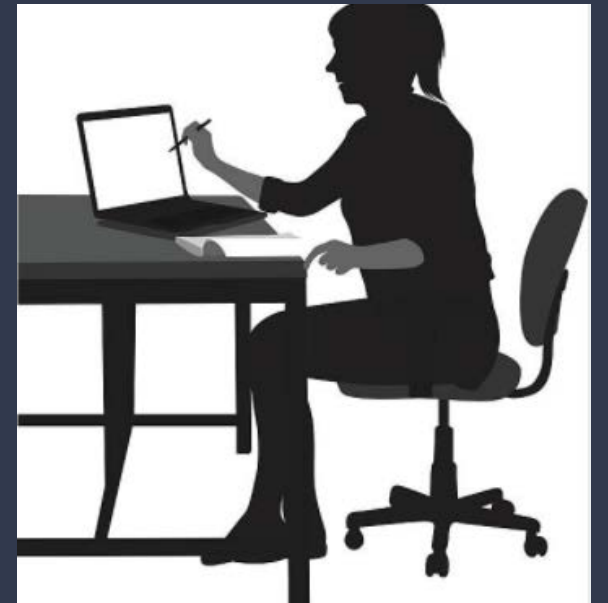


- ▶ Restorative Practices
 - ▶ Community and Culture
 - ▶ Activism
 - ▶ Fairness
- ▶ Mindfulness (Kuyken, Weare, et al., 2013)
 - ▶ Attention to self
- ▶ Student Ownership
 - ▶ Choice
 - ▶ Accountability
 - ▶ Celebration of progress

Case Studies



- ▶ Student "Jessica"
- ▶ Grade 9
- ▶ School refusal, emotional disturbance



Resources to Share



- ▶ Child Mind Institute: [*How Using Social Media Affects Teenagers*](#)
 - ▶ <https://childmind.org/article/how-using-social-media-affects-teenagers/>
- ▶ Royal Society for Public Health Study: [*#StatusofMind*](#)
 - ▶ <https://www.rsph.org.uk/our-work/campaigns/status-of-mind.html>
- ▶ CASEL: [*SEL Impact*](#)
 - ▶ <https://casel.org/impact/>
- ▶ Morningside Center for Teaching Social Responsibility: [*SEL and RP*](#)
 - ▶ <http://www.morningsidecenter.org/sel-and-rp>
- ▶ AFT: General Resources
 - ▶ <https://www.aft.org/ae/winter2015-2016>

Closure



What is one strategy heard today that your district can implement with support from the administration?

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